

ULTIMATE BACKPACKING *Packing List*

Essential Gear

- TENT
- SLEEPING BAG
- PAD/AIR MATTRESS
- STOVE + FUEL
- GPS/MAP
- WATER FILTER
- WATER BOTTLES/BLADDER
- 40-60L BACKPACK
- HEAD LAMP + BATTERIES

Non-Essentials

- HIKING POLES
- PILLOW
- NON SCENT BAGS

- WATCH
- NYLON CORD
- STUFF SACKS

Safety

- FIRST AID KIT
- BEAR SPRAY
- BEAR CAN/BEAR HANG BAG
- POCKET KNIFE
- LIGHTER/MATCHES
- WHISTLE
- COMPASS

Toiletries

- TOOTHBRUSH
- TOOTHPASTE

- COMB
- WHIPES
- SUNSCREEN
- BUG SPRAY
- TROWEL
- KULA CLOTH
- TOILET PAPER
- GARBAGE BAGS
- HAND SANITIZER
- BIODEGRADABLE SOAP

Clothing

- HIKING OUTFIT
- CAMP OUTFIT
- DOWN

TACKET

ULTIMATE BACKPACKING *Packing List*

- DOWN JACKET
- BEANIE + SUN HAT
- HIKING WOOL SOCKS
- CAMP WOOL SOCKS
- UNDERGARMENTS
- RAIN JACKET
- HIKING SHOES
- CAMP SHOES
- BUFF/ BANDANA
- SUNGLASSES
- SECOND HIKING OUTFIT

Meals + Snacks

- 1 BREAKFAST PER DAY
- 1 DINNER PER DAY

- 1 LUNCH PER DAY
- TREATS/DESSERTS
- SNACKS
- COLLAPSIBLE BOWL
- COLLAPSIBLE CUP
- SPOON/SPORK

Other

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Notes